

- 1 in 3 people live with some form of cardiovascular disease.
- 1 in 3 women will develop cancer.
- 1 in 2 men will develop cancer.
- 1 in 3 will develop diabetes by 2050.
- 1 in 3 is obese.
- 116 million people are living with chronic pain.
- U.S. national healthcare expenditures are approaching \$3 trillion a year.

“**75%** of all
chronic disease
is **PREVENTABLE.**”

– Bill Sears, M.D.



“This may be the **FIRST GENERATION** of
children to have a **SHORTER** life expectancy
than their parents.”

– David Katz, M.D.

- By age 12, many of our children have developed the beginning stages of hardening of the arteries.
- 1 in 3 children is obese.
- 1 in 3 children will develop diabetes in their lifetime.
- More than 25% of our children take prescription drugs on a regular basis.
- The American Academy of Pediatrics recommends that children as young as eight can be treated with cholesterol-lowering statin drugs.

